Cayman Islands Red Cross

Public Training - First Aid, CPR, AED and Aquatics Courses
October to December 2026

September *(dates still available at time of writing)*:

Mon/Tue 14th/15th	5.30PM - 8.30PM	Full Adult/Child/Infant FA/CPR/AED
Tue 22nd	5.30PM - 8.30PM	CPR/AED Refresher (Medical Personnel only)
Mon/Tue 28th/29th	5.30PM - 8.30PM	Full Adult/Child/Infant FA/CPR/AED

October:

Sat 3rd	9.00AM - 3.00PM	Full Adult/Child/Infant FA/CPR/AED
Mon/Tue 5th/6th	5.30PM - 8.30PM	Full Adult/Child/Infant FA/CPR/AED
Wed 7th	4.00PM – 7.30PM	Basic Water Rescue Course
Mon/Tue 12th/13th	5.30PM - 8.30PM	Full Adult/Child/Infant FA/CPR/AED
Sat 17th	9.00AM - 3.00PM	Full Adult/Child/Infant FA/CPR/AED
Mon/Tue 19th/20th	5.30PM - 8.30PM	Full Adult/Child/Infant FA/CPR/AED
Sat 24th	9.00AM - 3.00PM	Full Adult/Child/Infant FA/CPR/AED
Tue 27st	5.30PM - 8.30PM	CPR/AED Refresher (Medical Personnel only)

November :

Mon/Tue 2nd/3rd	5.30PM - 8.30PM	Full Adult/Child/Infant FA/CPR/AED
Sat 7th	9.00AM - 3.00PM	Full Adult/Child/Infant FA/CPR/AED
Mon/Tue 16th/17th	5.30PM - 8.30PM	Full Adult/Child/Infant FA/CPR/AED
Sat 21st	9.00AM - 3.00PM	Full Adult/Child/Infant FA/CPR/AED
Tue 24th	5.30PM - 8.30PM	CPR/AED Refresher (Medical Personnel only)
Sat 28th	9.00AM - 3.00PM	Full Adult/Child/Infant FA/CPR/AED

December:

Sat 5th	9.00AM - 3.00PM	Full Adult/Child/Infant FA/CPR/AED
Mon/Tue 7th/8th	5.30PM - 8.30PM	Full Adult/Child/Infant FA/CPR/AED
Sat 12th	9.00AM - 3.00PM	Full Adult/Child/Infant FA/CPR/AED
Mon/Tue 14th/15th	5.30PM - 8.30PM	Full Adult/Child/Infant FA/CPR/AED
Sat 19th	9.00AM - 3.00PM	Full Adult/Child/Infant FA/CPR/AED
Tue 22nd	5.30PM - 8.30PM	CPR/AED Refresher (Medical Personnel only)

NB. ***Further training dates may be scheduled, where demand dictates and at the discretion of the Training Manager. Trainings may be cancelled or rescheduled in the event of severe weather or at the discretion of the Training Manager.***

All courses use the American Red Cross (ARC) syllabus and give 2 years CI Red Cross certification.
Separate dates are available for Private, Business or Workplace training (subject to approval of training location). Instructor, Lifeguarding and Custom courses may be scheduled on demand.

Training Prices: $130CI per person for FA/CPR/AED courses (approx 6 hours training). $90CI for Basic Water Rescue (3.5 hours), CPR/AED Refresher courses (3.5 hours) and Challenges (written test, practical, no instruction). Instructor and Lifeguarding courses - $450 per person, subject to scheduling and availability.

Full Payment, approved Purchase Order or Business Invoice is required, upon booking. EFT Payments to Bank, Company Cheques, Cash or Card (office only) payments are acceptable. Details for payment will be emailed, upon receipt of request for training and approval of training date. **All Workplace or Public course group cancellations must be received with a minimum 1 weeks notice. All individual cancellations must be received with a minimum of 24 hours notice. A Company or Person who provides sufficient notice will be rebooked based on availability, or refunded if required. Cancellations without the required notice may incur financial penalty. Payments are non-refundable when cancellations are made later than the prescribed notice period, or when participants fail to attend. Attending training with any known communicable illness, or disease, or symptoms such as cough, sneezing, fever, persistent headache or unusual shortness of breath, is not recommended.** ***Short notice cancellations, made due to sudden illness, may be permitted under these circumstances, however, we must be notified before scheduled commencement of the training.***

Contact: firstaid@redcross.org.ky or sfai@redcross.org.ky for bookings. ***Ver: 04/26***